

| Pl | tnr | Name | Ka | Zeit | | | | | | | | | | | | | | | | |
|----------------------------|-----|---|---------------|-------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|-------|
| D-10 / H-10 (6) | | | 1,5 km | 11 P | 1(102) | 2(103) | 3(105) | 4(108) | 5(129) | 6(132) | 7(133) | 8(135) | 9(137) | 10(140) | 11(199) | Ziel | | | | |
| 1 | 30 | Maria Tovchigrechko SV IHW Alex 78 Berlin | D-10 | 12:24 | 1:28 | 2:32 | 3:28 | 4:33 | 6:25 | 7:20 | 8:15 | 8:54 | 9:33 | 11:26 | 12:03 | 12:23 | | | | |
| 2 | 89 | Max Schöffler Berliner Turnerschaft | H-10 | 16:33 | 2:24 | 3:38 | 4:37 | 5:37 | 7:38 | 8:43 | 10:43 | 13:31 | 14:04 | 15:27 | 16:13 | 16:33 | | | | |
| 3 | 59 | Leander Fischer OLV Potsdam | H-10 | 16:34 | 1:32 | 2:37 | 5:55 | 6:56 | 9:56 | 11:05 | 12:13 | 14:11 | 14:47 | 15:43 | 16:17 | 16:33 | | | | |
| 4 | 90 | Louis Antoine Krüger Berliner Turnerschaft | H-10 | 17:17 | 3:00 | 4:28 | 5:38 | 6:47 | 9:52 | 11:16 | 13:07 | 13:45 | 14:21 | 16:08 | 16:38 | 17:17 | 8:57 | 10:50 | | |
| 5 | 57 | Mila Fischer OLV Potsdam | D-10 | 18:41 | 5:45 | 8:11 | 8:48 | 10:09 | 12:04 | 12:56 | 13:48 | 14:35 | 16:55 | 17:55 | 18:23 | 18:41 | *130 | *131 | | |
| | 87 | Arthur Vogt Berliner Turnerschaft | H-10 | Fehlst | 5:39 | 11:57 | 13:24 | 17:01 | 24:51 | 28:33 | 31:06 | 40:30 | 41:54 | 43:50 | ---- | 45:38 | | | | |
| D65 / D75 (3) | | | 1,8 km | 12 P | 1(103) | 2(104) | 3(107) | 4(111) | 5(113) | 6(115) | 7(120) | 8(130) | 9(133) | 10(136) | 11(139) | 12(199) | Ziel | | | |
| 1 | 110 | Erika Lemnitzer Kaulsdorfer OLV Berlin | D75 | 18:15 | 2:41 | 3:10 | 4:37 | 5:43 | 7:37 | 8:45 | 10:45 | 13:16 | 14:47 | 15:40 | 16:54 | 17:53 | 18:15 | | | |
| 2 | 22 | Beatrix Haenelt SV IHW Alex 78 Berlin | D65 | 20:20 | 2:47 | 3:33 | 5:45 | 7:37 | 8:31 | 9:45 | 11:36 | 14:10 | 15:50 | 17:04 | 18:07 | 19:55 | 20:19 | 16:40 | | |
| 3 | 21 | Rosemarie Fillinger SV IHW Alex 78 Berlin | D65 | 32:46 | 8:15 | 8:58 | 11:40 | 13:21 | 16:14 | 18:31 | 20:16 | 23:21 | 25:08 | 27:08 | 30:31 | 32:19 | 32:46 | *135 | | |
| D55 / H65 / H75 (8) | | | 2,0 km | 13 P | 1(131) | 2(104) | 3(108) | 4(113) | 5(114) | 6(115) | 7(120) | 8(130) | 9(133) | 10(134) | 11(137) | 12(140) | 13(199) | Ziel | | |
| 1 | 37 | Hans-Peter Blome Berliner TSC | H65 | 15:27 | 1:14 | 3:16 | 4:41 | 5:38 | 6:02 | 6:54 | 8:19 | 10:19 | 12:10 | 13:00 | 13:32 | 14:31 | 15:06 | 15:26 | | |
| 2 | 1 | Helmut Conrad USV TU Dresden | H65 | 17:15 | 1:07 | 2:49 | 1:14 | 1:08 | 0:43 | 1:09 | 1:46 | 1:55 | 1:16 | 0:26 | 0:34 | 0:52 | 0:51 | 1:24 | 16:59 | |
| 3 | 102 | Gudrun Brettschneider Kaulsdorfer OLV Berlin | D55 | 19:14 | 1:26 | 4:00 | 5:50 | 7:14 | 7:54 | 9:24 | 10:53 | 13:21 | 14:55 | 16:03 | 16:45 | 18:10 | 18:53 | 19:14 | *199 | |
| 4 | 20 | Helmut Fillinger SV IHW Alex 78 Berlin | H65 | 19:26 | 1:32 | 4:16 | 6:03 | 7:13 | 7:47 | 9:00 | 10:35 | 12:55 | 14:30 | 16:22 | 17:05 | 18:20 | 19:04 | 19:26 | | |
| 5 | 99 | Rudolf Herold Kaulsdorfer OLV Berlin | H65 | 20:00 | 2:03 | 4:48 | 6:43 | 7:52 | 8:22 | 9:29 | 11:07 | 13:39 | 15:14 | 16:10 | 16:49 | 18:57 | 19:38 | 20:00 | 1:50 | |
| 6 | 28 | Yves Baujard SV IHW Alex 78 Berlin | H75 | 28:29 | 2:12 | 6:46 | 9:15 | 10:38 | 11:11 | 12:29 | 17:03 | 20:11 | 22:55 | 24:16 | 25:01 | 26:48 | 27:57 | 28:29 | *132 | |
| 7 | 109 | Eberhard Lemnitzer Kaulsdorfer OLV Berlin | H75 | 34:06 | 2:27 | 5:31 | 10:34 | 13:29 | 14:32 | 16:40 | 19:11 | 25:06 | 27:18 | 28:05 | 29:47 | 32:47 | 33:39 | 34:05 | | |
| 8 | 121 | Kerstin Bagschik SV Kyffhäuser | D55 | 41:12 | 2:11 | 23:41 | 26:04 | 27:34 | 28:09 | 29:35 | 31:37 | 34:22 | 36:17 | 37:22 | 38:10 | 39:59 | 40:44 | 41:12 | | |
| D45 / D-14 (19) | | | 2,1 km | 15 P | 1(129) | 2(103) | 3(105) | 4(108) | 5(110) | 6(113) | 7(114) | 8(115) | 9(119) | 10(128) | 11(132) | 12(133) | 13(138) | 14(140) | 15(199) | Ziel |
| 1 | 52 | Kristina Bringezu OLV Potsdam | D45 | 14:46 | 1:30 | 3:06 | 3:48 | 4:34 | 5:09 | 5:43 | 6:06 | 6:56 | 8:11 | 9:50 | 11:08 | 12:01 | 13:24 | 14:00 | 14:27 | 14:45 |
| 2 | 71 | Pina Mauch Berliner Turnerschaft | D-14 | 15:42 | 1:41 | 2:48 | 3:42 | 4:37 | 5:30 | 6:07 | 6:30 | 7:37 | 9:04 | 11:01 | 12:34 | 13:29 | 14:25 | 14:56 | 15:25 | 15:42 |
| 3 | 7 | Heidrun Graumann ESV Lok Berlin-Schöneweide | D45 | 16:17 | 1:58 | 3:02 | 3:49 | 4:45 | 5:41 | 6:24 | 6:52 | 7:46 | 9:16 | 11:24 | 12:48 | 13:39 | 14:44 | 15:28 | 15:58 | 16:16 |

| Pl | tnr | Name | Ka | Zeit | | | | | | | | | | | | | | | | | | | | | |
|-------------------------------------|-----|--|------|-------------------|--------------------------------------|--------------------------------------|---------------|---------------------|---------------------|---------------------|---------------|---------------------|----------------------|----------------|---------------|----------------------|----------------------|----------------------|---------------|----------------------|----------------------|----------------------|----------------------|--|--|
| D35 / D-18 / H55 / H-14 (18) | | | | | | 2,3 km 18 P | | <i>(Forts.)</i> | | | | | | | | | | | | | | | | | |
| | | | | 1(105) | 2(103) | 3(121) | 4(107) | 5(108) | 6(111) | 7(110) | 8(112) | 9(115) | 10(122) | 11(128) | 12(130) | 13(132) | 14(133) | 15(136) | 16(138) | 17(140) | 18(199) | Ziel | | | |
| 7 | 80 | Anton Quabeck Berliner Turnerschaft | H-14 | 18:43 | 2:26 2:26 | 3:08 0:42 | 4:19 1:11 | 5:29 1:10 | 5:58 0:29 | 6:44 0:46 | 7:22 0:38 | 8:04 0:42 | 9:35 1:31 | 11:28 1:53 | 12:38 1:10 | 13:59 1:21 | 14:52 0:53 | 15:45 1:12 | 16:57 0:25 | 17:22 0:34 | 17:56 0:31 | 18:27 0:16 | 18:43 | | |
| 8 | 53 | Yvonne Fischer OLV Potsdam | D35 | 19:12 | 2:41 2:41 | 3:23 0:42 | 4:44 1:21 | 5:51 1:07 | 6:19 0:28 | 6:58 0:39 | 7:42 0:44 | 8:35 0:53 | 10:06 1:31 | 11:58 1:52 | 13:07 1:09 | 14:30 1:23 | 15:17 0:47 | 16:14 0:57 | 17:01 0:47 | 17:24 0:23 | 18:14 0:50 | 18:51 0:37 | 19:12 0:21 | | |
| 9 | 41 | Katerina Wollmerstädt Berliner TSC | D35 | 19:58 | 2:32 2:32 | 3:19 0:47 | 4:32 1:13 | 5:42 1:10 | 6:13 0:31 | 6:42 0:29 | 7:46 2:04 | 9:41 0:55 | 11:26 1:45 | 13:10 1:44 | 14:13 1:03 | 15:26 1:13 | 16:12 0:46 | 17:03 0:51 | 17:55 0:52 | 18:29 0:34 | 19:06 0:37 | 19:39 0:33 | 19:58 0:19 | | |
| 10 | 16 | Camillo Fillinger Köpenicker SC | H-14 | 21:01 | 2:41 2:41 | 3:22 0:41 | 5:09 1:47 | 6:44 1:35 | 8:32 1:48 | 9:10 0:38 | 9:45 0:35 | 10:43 0:58 | 11:56 1:13 | 13:46 1:50 | 14:49 1:03 | 16:14 1:25 | 16:59 0:45 | 18:01 1:02 | 18:57 0:56 | 19:26 0:29 | 20:10 0:44 | 20:48 0:38 | 21:00 0:12 | | |
| 11 | 120 | Norbert Bagschik SV Kyffhäuser | H55 | 22:41 | 2:41 2:41 | 3:33 0:52 | 4:54 1:21 | 6:13 1:19 | 7:05 0:52 | 7:45 0:40 | 8:35 0:50 | 9:51 1:16 | 11:25 1:34 | 13:49 2:24 | 15:06 1:17 | 16:29 1:23 | 17:23 0:54 | 18:01 0:38 | 19:26 1:25 | 20:24 0:58 | 21:20 0:56 | 22:18 0:58 | 22:41 0:23 | | |
| 12 | 76 | Malte Raup Berliner Turnerschaft | H-14 | 22:48 | 6:28 6:28 | 7:13 0:45 | 8:23 1:10 | 9:32 1:09 | 10:03 0:31 | 10:48 0:45 | 11:27 0:39 | 12:10 0:43 | 13:43 1:33 | 15:34 1:51 | 16:42 1:08 | 18:02 1:20 | 18:58 0:56 | 19:48 0:50 | 21:01 1:13 | 21:27 0:26 | 22:00 0:33 | 22:32 0:32 | 22:48 0:16 | | |
| 13 | 44 | Karl-Heinz Seefeld OLV Uslar | H55 | 23:22 | 2:52 2:52 | 3:44 0:52 | 5:09 1:25 | 6:30 1:21 | 7:01 0:31 | 7:36 0:35 | 8:25 0:49 | 9:18 0:53 | 11:21 2:03 | 13:51 2:30 | 15:15 1:24 | 17:06 1:51 | 18:12 1:06 | 19:16 1:04 | 20:25 1:09 | 21:03 0:38 | 22:02 0:59 | 22:54 0:52 | 23:21 0:27 | | |
| 14 | 45 | Josephine Ebert OLV Landshut | D35 | 23:58 | 2:41 2:41 | 3:32 0:51 | 5:26 1:54 | 6:46 1:20 | 7:21 0:35 | 8:05 0:44 | 8:57 0:52 | 10:12 1:15 | 11:43 1:31 | 14:03 2:20 | 15:24 1:21 | 17:49 2:25 | 18:36 0:47 | 19:27 0:51 | 21:18 1:51 | 22:05 0:47 | 23:04 0:59 | 23:40 0:36 | 23:58 0:18 | | |
| 15 | 42 | Luca Eszter Adorján Berliner TSC | D-18 | 24:18 | 3:09 3:09 | 4:12 1:03 | 6:13 2:01 | 7:48 1:35 | 8:23 0:35 | 9:10 0:47 | 9:56 0:46 | 10:50 0:54 | 12:26 1:36 | 15:06 2:40 | 16:35 1:29 | 18:15 1:40 | 19:21 1:06 | 20:26 1:05 | 21:13 0:47 | 22:23 1:10 | 23:12 0:49 | 23:57 0:45 | 24:17 0:20 | | |
| 16 | 56 | Franziska Finkenstaedt OLV Potsdam | D-18 | 24:54 | 2:31 2:31 | 3:19 0:48 | 4:48 1:29 | 6:43 1:55 | 7:26 0:43 | 8:24 0:58 | 9:21 0:57 | 10:24 1:03 | 12:20 1:56 | 15:07 2:47 | 16:51 1:44 | 19:39 2:48 | 20:36 0:57 | 21:37 1:01 | 22:31 0:54 | 23:07 0:36 | 24:05 0:58 | 24:37 0:32 | 24:54 0:16 | | |
| 17 | 31 | Alina Shmakova SV IHW Alex 78 Berlin | D35 | 25:01 | 3:20 3:20 | 4:32 1:12 | 5:58 1:26 | 7:17 1:19 | 8:01 0:44 | 8:48 0:47 | 9:47 0:59 | 11:09 1:22 | 13:08 1:59 | 15:56 2:48 | 17:13 1:17 | 19:01 1:48 | 19:52 0:51 | 21:54 2:04 | 23:09 1:14 | 24:10 1:15 | 24:44 1:01 | 25:00 0:34 | | | |
| | 86 | Paul Augustin Berliner Turnerschaft | H-14 | Aufg | 13:25 13:25 | 14:27 1:02 | 17:29 3:02 | 25:04 7:35 | 27:36 2:32 | 28:29 0:53 | 32:20 3:51 | 35:18 2:58 | 41:11 5:53 | 71:21 30:10 | 80:33 9:12 | 84:07 3:34 | 88:51 4:44 | ----- | ----- | ----- | ----- | ----- | | | |
| DE / H45 (21) | | | | | | 2,6 km 20 P | | | | | | | | | | | | | | | | | | | |
| | | | | 1(107) 20(199) | 2(106) Ziel | 3(110) | 4(111) | 5(114) | 6(115) | 7(117) | 8(120) | 9(122) | 10(126) | 11(127) | 12(128) | 13(129) | 14(131) | 15(133) | 16(134) | 17(137) | 18(138) | 19(109) | | | |
| 1 | 115 | Lisa Müller USV Jena | D19 | 18:33 | 2:23 2:23 18:16 | 3:16 0:53 18:33 | 4:40 1:24 | 5:12 0:32 | 5:58 0:46 | 6:41 0:43 | 7:24 0:43 | 8:01 0:37 | 8:57 0:56 | 10:33 1:36 | 11:22 0:49 | 12:22 1:00 | 13:10 0:48 | 13:48 0:38 | 14:39 0:51 | 15:38 0:59 | 16:07 0:29 | 16:30 0:23 | 17:27 0:57 | | |
| 2 | 38 | Urs Trösch Berliner TSC | H45 | 19:24 | 2:43 2:43 19:09 0:51 | 3:44 1:01 19:23 0:14 | 5:20 1:36 | 5:59 0:39 | 6:51 0:52 | 7:34 0:43 | 8:19 0:45 | 9:07 0:48 | 10:08 1:01 | 11:49 1:41 | 12:26 0:37 | 13:26 1:00 | 14:15 0:49 | 14:51 0:36 | 15:41 0:50 | 16:10 0:29 | 16:39 0:29 | 17:05 0:26 | 18:18 1:13 | | |
| 3 | 98 | Isabell Jänich Kaulsdorfer OLV Berlin | D19 | 19:43 | 2:37 2:37 19:25 0:29 | 3:35 0:58 19:43 0:17 | 5:16 1:41 | 5:49 0:33 | 6:42 0:53 | 7:35 0:53 | 8:23 0:48 | 9:05 0:42 | 10:02 0:57 | 11:44 1:42 | 12:24 0:40 | 13:28 1:04 | 14:16 0:48 | 14:55 0:39 | 15:43 0:48 | 16:10 0:27 | 16:53 0:43 | 17:49 0:56 | 18:56 1:07 | | |
| 4 | 105 | Henry Jobst Kaulsdorfer OLV Berlin | H45 | 20:12 | 2:18 2:18 19:58 0:47 | 4:40 2:22 20:11 0:13 | 7:03 2:23 | 7:33 0:30 | 8:19 0:46 | 9:07 0:48 | 9:49 0:42 | 10:31 0:42 | 11:26 0:55 | 13:02 1:36 | 13:41 0:39 | 14:40 0:59 | 15:23 0:43 | 16:04 0:41 | 16:55 0:51 | 17:19 0:24 | 17:44 0:25 | 18:14 0:30 | 19:11 0:57 | | |
| 5 | 4 | Friederike Frenzel ESV Lok Berlin-Schöneweide | D19 | 20:21 | 2:46 2:46 20:05 0:31 | 3:54 1:08 20:21 0:16 | 5:40 1:46 | 6:22 0:42 | 7:23 1:01 | 8:13 0:50 | 9:02 0:49 | 9:45 0:43 | 10:49 1:04 | 12:29 1:40 | 13:11 0:42 | 14:21 1:10 | 15:19 0:58 | 16:03 0:44 | 17:11 1:08 | 17:35 0:24 | 18:06 0:31 | 18:31 0:25 | 19:34 1:03 | | |

| Pl | tnr | Name | Ka | Zeit | | (Forts.) | | | | | | | | | | | | | | | | | | |
|----|-----|--|-----|--------|---|-----------------------|---------------------|---------------|---------------|---------------|----------------------|---------------|----------------------|----------------------|----------------------|---------------|---------------|---------------|----------------------|----------------------|---------------|---------------|---------------|---------|
| | | | | 2,6 km | 20 P | 1(107) 20(199) | 2(106) Ziel | 3(110) | 4(111) | 5(114) | 6(115) | 7(117) | 8(120) | 9(122) | 10(126) | 11(127) | 12(128) | 13(129) | 14(131) | 15(133) | 16(134) | 17(137) | 18(138) | 19(109) |
| 6 | 51 | Björn Finkenstaedt OLV Potsdam | H45 | 20:51 | 2:30 2:30 20:33 0:31 0:17 | 3:52 1:22 20:50 | 5:07 1:15 | 5:39 0:32 | 6:30 0:51 | 7:29 0:59 | 8:11 0:42 | 8:54 0:43 | 9:55 1:01 | 11:28 1:33 | 12:10 0:42 | 13:11 1:01 | 15:06 1:55 | 15:47 0:41 | 16:23 0:36 | 17:05 0:42 | 17:35 0:30 | 18:12 0:37 | 20:02 1:50 | |
| 7 | 13 | Dirk Mönch Köpenicker SC | H45 | 22:31 | 3:04 3:04 22:15 22:31 0:38 0:15 | 4:55 3:54 | 7:13 2:18 | 7:50 0:37 | 8:40 0:50 | 9:40 1:00 | 10:28 0:48 | 11:16 0:48 | 12:18 1:02 | 14:02 1:44 | 14:46 0:44 | 15:48 1:02 | 16:53 1:05 | 17:44 0:51 | 18:22 0:38 | 19:06 0:44 | 19:33 0:27 | 20:12 0:39 | 21:37 1:25 | |
| 8 | 96 | Henriette Käding Kaulsdorfer OLV Berlin | D19 | 22:44 | 2:53 2:53 22:27 22:44 0:35 0:17 | 3:54 | 5:42 1:48 | 6:23 0:41 | 7:19 0:56 | 8:39 1:20 | 9:35 0:56 | 10:21 0:46 | 11:48 1:27 | 13:41 1:53 | 14:37 0:56 | 15:56 1:19 | 17:11 1:15 | 17:57 0:46 | 18:43 0:46 | 19:11 0:28 | 19:42 0:31 | 20:30 0:48 | 21:52 1:22 | |
| 9 | 257 | Thessa Jobst Kaulsdorfer OLV Berlin | D19 | 23:32 | 2:46 2:46 23:14 23:32 0:57 0:18 | 5:39 | 7:34 8:13 | 9:16 1:03 | 10:01 0:45 | 10:54 0:53 | 11:39 0:45 | 12:46 1:07 | 14:51 2:05 | 15:38 0:47 | 16:47 1:09 | 17:58 1:11 | 18:40 0:42 | 19:34 0:54 | 20:02 0:28 | 20:33 0:31 | 21:03 0:30 | 22:17 1:14 | | |
| 10 | 103 | Bernd Käding Kaulsdorfer OLV Berlin | H45 | 23:45 | 2:55 2:55 23:29 23:44 0:32 0:15 | 6:07 | 8:05 1:58 | 8:39 0:34 | 9:29 0:50 | 10:40 1:11 | 11:21 0:41 | 12:04 0:43 | 13:06 1:02 | 15:00 1:54 | 15:34 0:34 | 16:41 1:07 | 17:36 0:55 | 18:38 1:02 | 19:15 0:37 | 19:57 0:42 | 20:26 0:29 | 21:11 0:45 | 22:57 1:46 | |
| 11 | 94 | Elisa Wolf Kaulsdorfer OLV Berlin | D19 | 23:50 | 2:54 2:54 23:28 23:50 0:29 0:21 | 3:59 | 6:03 2:04 | 6:51 0:48 | 7:53 1:02 | 8:47 0:54 | 9:34 0:47 | 10:22 0:48 | 11:29 1:07 | 13:39 2:10 | 14:30 0:51 | 15:44 1:14 | 18:01 2:17 | 18:46 0:45 | 19:39 0:53 | 20:03 0:24 | 20:34 0:31 | 21:19 0:45 | 22:59 1:40 | |
| 12 | 3 | Torsten von Fournier SSV Planeta Radebeul | H45 | 24:14 | 2:50 2:50 23:55 24:14 0:36 0:18 | 3:59 | 6:15 2:16 | 6:56 0:41 | 7:51 0:55 | 8:50 0:59 | 9:51 1:01 | 10:46 0:55 | 11:49 1:03 | 14:11 2:22 | 14:59 0:48 | 16:21 1:22 | 17:21 1:00 | 18:11 0:50 | 19:12 1:01 | 20:10 0:58 | 20:43 0:33 | 21:25 0:42 | 23:19 1:54 | |
| 13 | 23 | Kai Dalüge SV IHW Alex 78 Berlin | H45 | 24:31 | 2:49 2:49 24:15 24:31 0:38 0:16 | 7:00 | 9:20 2:20 | 9:55 0:35 | 10:50 0:55 | 11:46 0:56 | 12:33 0:47 | 13:20 0:47 | 14:22 1:02 | 16:10 1:48 | 16:52 0:42 | 18:00 1:08 | 18:53 0:53 | 19:36 0:43 | 20:21 0:45 | 21:09 0:48 | 21:38 0:29 | 22:09 0:31 | 23:37 1:28 | |
| 14 | 50 | Beate Schmidt OLV Potsdam | D19 | 24:46 | 3:13 3:13 24:27 24:46 0:33 0:19 | 4:33 | 7:08 2:35 | 7:53 0:45 | 8:52 0:59 | 10:00 1:08 | 10:58 0:58 | 11:50 0:52 | 13:21 1:31 | 16:00 2:39 | 16:47 0:47 | 18:08 1:21 | 19:13 1:05 | 20:03 0:50 | 21:09 1:06 | 21:38 0:29 | 22:12 0:34 | 22:42 0:30 | 23:54 1:12 | |
| 15 | 106 | Thomas Grassow Kaulsdorfer OLV Berlin | H45 | 25:10 | 3:12 3:12 24:55 25:09 0:35 0:14 | 4:31 | 7:21 2:50 | 8:03 0:42 | 8:55 0:52 | 9:56 1:01 | 10:55 0:59 | 11:53 0:58 | 13:02 1:09 | 15:05 2:03 | 15:54 0:49 | 17:19 1:25 | 18:30 1:11 | 19:18 0:48 | 20:15 0:57 | 21:11 0:56 | 21:45 0:34 | 22:26 0:41 | 24:20 1:54 | |
| 16 | 34 | Udo Templiner Berliner TSC | D19 | 27:44 | 2:26 2:26 27:23 27:44 0:39 0:21 | 5:34 | 9:12 3:38 | 10:41 1:29 | 11:45 1:04 | 12:42 0:57 | 13:27 0:45 | 14:18 0:51 | 15:13 0:55 | 17:13 2:00 | 18:09 0:56 | 19:29 1:20 | 20:44 1:15 | 22:04 1:20 | 22:45 0:41 | 23:08 0:23 | 23:43 0:35 | 24:21 0:38 | 26:44 2:23 | |
| 17 | 118 | Jürgen Kaminski Charlottenburger TSV | H45 | 29:21 | 3:45 3:45 28:56 29:20 1:12 0:24 | 5:50 | 7:59 2:09 | 9:00 1:01 | 10:16 1:16 | 11:20 1:04 | 12:30 1:10 | 13:42 1:12 | 15:07 1:25 | 17:30 2:23 | 18:40 1:10 | 20:06 1:26 | 21:29 1:23 | 22:28 0:59 | 23:47 1:19 | 24:21 0:34 | 25:04 0:43 | 25:59 0:55 | 27:44 1:45 | |

| Pl | tnr | Name | Ka | Zeit | | | | | | | | | | | | | | | | | | | | |
|-----------------|-----|--|------|-------------------|---------------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|----------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------|
| | | | | 2,6 km | 20 P | (Forts.) | | | | | | | | | | | | | | | | | | |
| DE / H45 (21) | | | | 1(107) 20(199) | 2(106) Ziel | 3(110) | 4(111) | 5(114) | 6(115) | 7(117) | 8(120) | 9(122) | 10(126) | 11(127) | 12(128) | 13(129) | 14(131) | 15(133) | 16(134) | 17(137) | 18(138) | 19(109) | | |
| 18 | 116 | Carolin Wolf Post SV Dresden | D19 | 29:46 | 3:13 3:13 29:26 0:36 0:19 | 5:17 2:04 29:45 0:19 | 7:44 2:27 | 8:30 0:46 | 9:37 1:07 | 11:04 1:27 | 12:32 1:28 | 13:27 0:55 | 16:11 2:44 | 18:21 2:10 | 19:28 1:07 | 20:48 1:20 | 22:59 2:11 | 24:02 1:03 | 25:22 1:20 | 26:02 0:40 | 26:35 0:33 | 27:12 0:37 | 28:50 1:38 | |
| 19 | 97 | Madeline Gericke Kaulsdorfer OLV Berlin | D19 | 38:40 | 4:27 4:27 38:18 0:46 | 5:57 1:30 38:40 0:22 | 9:03 3:06 | 10:00 0:57 | 11:41 1:41 | 16:05 4:24 | 17:22 1:17 | 19:12 1:50 | 21:03 1:51 | 25:15 4:12 | 26:44 1:29 | 29:01 2:17 | 30:38 1:37 | 31:47 1:09 | 32:58 1:11 | 33:55 0:57 | 34:32 0:37 | 35:29 0:57 | 37:32 2:03 | |
| | 35 | Qiyi Su Berliner TSC | D19 | Fehlst | 4:17 4:17 36:17 0:33 | 6:08 1:51 36:44 0:27 | 8:35 2:27 | 9:51 1:16 30:07 *135 | 11:01 1:10 | 12:35 1:34 | 15:12 2:37 | 16:53 1:41 | 18:28 1:35 | 21:47 3:19 | 23:06 1:19 | 25:40 2:34 | 27:10 1:30 | 28:08 0:58 | 29:20 1:12 | ----- | 32:30 3:10 | 33:19 0:49 | 35:44 2:25 | |
| | 104 | André Feldmann Kaulsdorfer OLV Berlin | H45 | Aufg | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | |
| H-18 / H35 (10) | | | | 2,8 km | 24 P | 1(101) 20(136) | 2(105) 21(138) | 3(111) 22(140) | 4(112) 23(109) | 5(114) 24(199) | 6(110) Ziel | 7(108) | 8(107) | 9(121) | 10(120) | 11(119) | 12(117) | 13(122) | 14(127) | 15(123) | 16(125) | 17(128) | 18(131) | 19(134) |
| 1 | 93 | Matthias Schwartz Berliner Turnerschaft | H35 | 16:31 | 0:36 0:36 14:37 0:12 | 1:45 1:09 14:53 0:16 | 2:31 0:46 15:20 0:27 | 3:04 0:33 15:57 0:37 | 3:28 0:24 16:19 0:22 | 3:53 0:25 16:31 0:11 | 4:38 0:45 | 4:56 0:18 | 6:04 1:08 | 6:54 0:50 | 7:12 0:18 | 7:44 0:32 | 8:45 1:01 | 9:51 1:06 | 10:49 0:58 | 11:07 0:18 | 12:28 1:21 | 13:42 1:14 | 14:25 0:43 | |
| 2 | 64 | Carlo Wengler Berliner Turnerschaft | H-18 | 16:48 | 0:34 0:34 14:30 0:14 | 1:47 1:13 15:18 0:48 | 2:40 0:53 15:47 0:29 | 3:10 0:30 16:11 0:24 | 3:32 0:22 16:36 0:25 | 3:53 0:21 16:48 0:11 | 4:41 0:48 | 5:00 0:19 | 5:46 0:46 | 6:42 0:56 | 7:01 0:19 | 7:39 0:38 | 8:39 1:00 | 9:52 1:13 | 10:52 1:00 | 11:12 0:20 | 12:32 1:20 | 13:23 0:51 | 14:16 0:53 | |
| 3 | 47 | Anton Jaenicke OK Mark Brandenburg | H-18 | 17:57 | 0:40 0:40 15:35 0:13 | 1:51 1:11 16:21 0:46 | 2:50 0:59 16:51 0:30 | 3:15 0:25 17:18 0:27 | 3:40 0:25 17:43 0:25 | 4:09 0:29 17:57 0:13 | 5:01 0:52 | 5:26 0:25 | 6:24 0:58 | 7:18 0:54 | 7:46 0:28 | 8:28 0:42 | 9:32 1:04 | 10:57 1:25 | 11:57 1:00 | 12:16 0:19 | 13:37 1:21 | 14:32 0:55 | 15:22 0:50 | |
| 4 | 46 | Leon Bauer OK Mark Brandenburg | H-18 | 20:25 | 0:38 0:38 18:26 0:16 | 1:56 1:18 18:46 0:20 | 3:02 1:06 19:18 0:32 | 4:43 1:41 19:46 0:28 | 5:04 0:21 20:13 0:27 | 5:32 0:28 20:24 0:11 | 6:23 0:51 | 6:43 0:20 | 7:39 0:56 | 8:49 1:10 | 9:22 0:33 | 10:19 0:57 | 11:19 1:00 | 13:03 1:44 | 14:15 1:12 | 14:37 0:22 | 16:05 1:28 | 17:04 0:59 | 18:10 1:06 | |
| 5 | 26 | Stephan Haenelt SV IHW Alex 78 Berlin | H35 | 21:40 | 0:41 0:41 19:34 0:16 | 2:10 1:29 19:56 0:22 | 3:29 1:19 20:37 0:41 | 3:57 0:28 20:50 0:13 | 4:24 0:27 21:24 0:34 | 4:53 0:29 21:40 0:16 | 5:51 0:58 | 6:14 0:23 | 7:23 1:09 | 8:32 1:09 | 9:09 0:37 | 9:55 0:46 | 11:16 1:21 | 12:48 1:32 | 14:10 1:22 | 14:37 0:27 | 16:34 1:57 | 17:54 1:20 | 19:18 1:24 | |
| 6 | 128 | Christian Steinhofer Volkssport | H-18 | 25:07 | 0:59 0:59 21:27 0:16 | 2:29 1:30 21:50 0:23 | 4:24 1:55 22:37 0:47 | 5:12 0:48 24:15 1:38 | 5:36 0:24 24:53 0:38 | 6:09 0:33 25:07 0:13 | 6:57 0:48 | 7:24 0:27 | 9:19 1:55 | 10:19 1:00 | 11:03 0:44 | 11:47 0:44 | 12:53 1:06 | 14:53 2:00 | 16:17 1:24 | 16:38 0:21 | 18:32 1:54 | 20:04 1:32 | 21:11 1:07 | |
| 7 | 117 | Sven Göbel Gymnasion Offenbach | H35 | 25:43 | 0:57 0:57 23:02 0:20 | 2:41 1:44 23:28 0:26 | 4:13 1:32 24:06 0:38 | 5:05 0:52 24:58 0:52 | 5:35 0:30 25:27 0:29 | 6:27 0:52 25:42 0:15 | 7:34 1:07 | 8:03 0:29 | 9:28 1:25 | 11:15 1:47 | 11:49 0:34 | 12:44 0:55 | 14:09 1:25 | 16:04 1:55 | 17:33 1:29 | 18:02 0:29 | 20:10 2:08 | 21:38 1:28 | 22:42 1:04 | |

| Pl | tnr | Name | Ka | Zeit | | | | | | | | | | | | | | | | | | | |
|------------------------|-----|---|---------------|-------------------|---|---|---|--|---|---|---|-------------------------------|----------------------------|----------------------|---------------------|----------------------|----------------------|-----------------------------|----------------------|----------------------|-----------------------------|----------------------|----------------------|
| H-18 / H35 (10) | | | 2,8 km | 24 P | <i>(Forts.)</i> | | | | | | | | | | | | | | | | | | |
| | | | | 1(101) 20(136) | 2(105) 21(138) | 3(111) 22(140) | 4(112) 23(109) | 5(114) 24(199) | 6(110) Ziel | 7(108) | 8(107) | 9(121) | 10(120) | 11(119) | 12(117) | 13(122) | 14(127) | 15(123) | 16(125) | 17(128) | 18(131) | 19(134) | |
| 8 | 27 | Stefan Edelhoff SV IHW Alex 78 Berlin | H35 | 33:11 | 4:21 4:21 28:37 1:37 | 5:45 1:24 29:05 0:28 | 6:35 0:50 29:54 0:49 | 7:10 0:35 31:37 1:43 | 7:34 0:24 32:53 1:16 | 8:00 0:26 33:10 0:17 | 8:54 0:54 | 9:21 0:27 | 10:24 1:03 | 11:56 1:32 | 12:25 0:29 | 13:03 0:38 | 14:15 1:12 | 16:16 2:01 | 22:04 5:48 | 22:28 0:24 | 24:13 1:45 | 25:33 1:20 | 27:00 1:27 |
| 40 | | Tobias Schwartz Berliner TSC | H35 | Fehlst | 0:52 0:52 16:41 0:14 | 2:04 1:12 ----- 0:57 | 3:12 1:08 17:38 0:57 | 3:45 0:33 18:15 0:37 | 4:09 0:34 18:42 0:27 | 4:43 0:34 18:57 0:15 | 5:33 0:50 | 5:52 0:19 15:29 *132 | 6:47 0:55 1:19 | 8:06 1:19 | 8:27 0:21 | 9:06 0:39 | 10:06 1:00 | 11:36 1:30 | 12:40 1:04 | 12:59 0:19 | 14:23 1:24 | ----- | 16:27 2:04 |
| 8 | | Andreas Uhlemann ESV Lok Berlin-Schöneweide | H35 | Fehlst | 1:21 1:21 18:03 0:18 | 2:46 1:25 18:23 0:20 | 3:42 0:56 18:59 0:36 | 4:18 0:36 19:37 0:38 | 4:45 0:27 20:04 0:27 | 5:10 0:25 20:21 0:17 | 6:05 0:55 | 6:28 0:23 | 7:30 1:02 | 8:30 1:00 | 9:06 0:36 | 9:49 0:43 | 11:01 1:12 | 12:24 1:23 | 13:36 1:12 | 13:59 0:23 | 15:42 1:43 | ----- | 17:45 2:03 |
| HE (9) | | | 3,2 km | 25 P | | | | | | | | | | | | | | | | | | | |
| | | | | 1(130) 20(133) | 2(122) 21(137) | 3(120) 22(138) | 4(118) 23(135) | 5(114) 24(109) | 6(110) 25(199) | 7(112) Ziel | 8(111) | 9(108) | 10(106) | 11(121) | 12(119) | 13(126) | 14(125) | 15(123) | 16(127) | 17(128) | 18(129) | 19(131) | |
| 1 | 12 | Leo Graumann ESV Lok Berlin-Schöneweide | H19 | 21:33 | 1:13 1:13 18:30 0:41 | 1:50 0:37 19:08 0:38 | 2:35 0:45 19:33 0:24 | 3:12 0:37 19:57 0:24 | 4:59 1:47 20:51 0:54 | 5:22 0:23 21:20 0:29 | 5:54 0:32 21:32 0:12 | 6:16 0:22 | 6:47 0:31 | 7:42 0:55 | 9:36 1:54 | 10:54 1:18 | 13:14 2:20 | 13:39 0:25 | 14:02 0:23 | 15:27 1:25 | 16:23 0:56 | 17:13 0:50 | 17:49 0:36 |
| 2 | 112 | Moritz Brettschneider Kaulsdorfer OLV Berlin | H19 | 22:07 | 1:20 1:20 18:27 0:30 | 1:59 0:39 19:29 1:02 | 2:57 0:58 19:53 0:24 | 3:32 0:35 20:18 0:25 | 5:23 1:51 21:21 1:03 | 5:49 0:26 21:53 0:32 | 6:22 0:33 22:07 0:14 | 6:48 0:26 | 7:21 0:33 | 8:14 0:53 | 9:56 1:42 | 11:07 1:11 | 13:21 2:14 | 13:46 0:25 | 14:07 0:21 | 15:27 1:20 | 16:24 0:57 | 17:23 0:59 | 17:57 0:34 |
| 3 | 113 | Sascha Boeck Kaulsdorfer OLV Berlin | H19 | 26:02 | 1:20 1:20 21:34 0:45 | 1:59 0:39 22:21 0:47 | 3:12 1:13 22:58 0:37 | 3:46 0:34 23:23 0:25 | 6:04 2:18 24:34 1:11 | 6:37 0:33 25:45 1:11 | 7:14 0:37 26:01 0:16 | 8:03 0:49 | 8:38 0:35 | 9:37 0:59 | 11:34 1:57 | 12:55 1:21 | 15:33 2:38 | 16:01 0:28 | 16:26 0:25 | 17:54 1:28 | 19:05 1:11 | 20:03 0:58 | 20:49 0:46 |
| 4 | 43 | Péter Adorján Berliner TSC | H19 | 27:12 | 1:28 1:28 21:52 0:54 | 2:12 0:44 22:57 1:05 | 3:25 1:13 23:38 0:41 | 4:02 0:37 24:22 0:44 | 6:13 2:11 25:32 1:10 | 7:07 0:54 26:55 1:23 | 7:50 0:43 27:11 0:16 | 8:48 0:58 | 9:26 0:38 | 10:40 1:14 | 12:32 1:52 | 13:54 1:22 | 16:18 2:24 | 16:46 0:28 | 17:14 0:28 | 18:39 1:25 | 19:39 1:00 | 20:21 0:42 | 20:58 0:37 |
| 5 | 114 | Max Brettschneider Kaulsdorfer OLV Berlin | H19 | 30:39 | 1:30 1:30 25:52 0:45 | 2:20 0:50 26:51 0:59 | 3:50 1:30 27:33 0:42 | 4:28 0:38 28:10 0:37 | 6:32 2:04 29:25 1:15 | 7:16 0:44 30:02 0:37 | 8:49 1:33 30:39 0:37 | 9:44 0:55 | 10:43 0:59 | 11:56 1:13 | 14:44 2:48 | 16:11 1:27 | 19:29 3:18 | 20:00 0:31 | 20:24 0:24 | 22:20 1:56 | 23:30 1:10 | 24:29 0:59 | 25:07 0:38 |
| 6 | 18 | Thomas Krieger TSV Karlshorst | H19 | 30:51 | 1:50 1:50 26:21 0:49 | 2:37 0:47 27:13 0:52 | 3:51 1:14 27:48 0:35 | 4:49 0:58 28:13 0:25 | 7:30 2:41 29:42 1:29 | 8:12 0:42 30:30 0:48 | 9:01 0:49 30:50 0:20 | 9:41 0:40 | 10:28 0:47 | 11:51 1:23 | 14:39 2:48 | 16:23 1:44 | 19:27 3:04 | 20:03 0:36 | 20:30 0:27 | 22:12 1:42 | 23:58 1:46 | 24:49 0:51 | 25:32 0:43 |
| 7 | 19 | Lutz Spranger TSV Karlshorst | H19 | 31:36 | 1:50 26:48 0:55 | 2:45 27:47 0:59 | 3:49 28:21 0:34 | 4:29 29:06 0:45 | 6:40 30:14 1:08 | 8:44 31:09 0:55 | 9:44 31:35 0:26 | 10:19 0:35 | 11:05 0:46 | 12:32 1:27 | 14:56 2:24 | 17:13 2:17 | 20:18 3:05 | 20:59 0:41 | 21:24 0:25 | 23:10 1:46 | 24:17 1:07 | 25:07 0:50 | 25:53 0:46 |
| 8 | 17 | Lars Hildebrand TSV Karlshorst | H19 | 34:49 | 3:15 3:15 29:35 4:36 | 3:58 0:43 31:36 2:01 | 5:15 1:17 32:02 0:26 | 5:56 0:41 32:27 0:25 | 9:11 3:15 33:59 1:32 | 9:41 0:30 34:26 0:27 | 11:03 1:22 34:48 0:22 | 11:36 0:33 | 12:32 0:56 | 13:22 0:50 | 15:21 1:59 | 16:52 1:31 | 19:48 2:56 | 20:19 0:31 | 20:46 0:27 | 22:12 1:26 | 23:28 1:16 | 24:14 0:46 | 24:59 0:45 |

